

3 Vietnamese Recipes *to try at home*



www.vietnam.travel



www.vietnam.travel

Bún Chả

Hanoi

Ingredients:

- 2 tsp of molasses or brown sugar
- 2 tbsp fish sauce
- 2 cloves of garlic, crushed
- 1 shallot, finely chopped or 1/2 a small onion
- 2 tsp of castor sugar
- 450g boneless pork loin, finely chopped
- 230g vermicelli rice noodles (cooked as per the packet)
- 2 cups of bean sprouts
- Fresh coriander, basil, mint
- Torn lettuce leaves

This Hanoian dish of smoky, grilled pork patties, fresh rice noodles and fragrant herbs is a go-to lunch for locals in the capital. Famously enjoyed by Barack Obama and Anthony Bourdain in Hanoi, this humble yet addictive dish is simple enough to recreate at home.

Instructions:

Make a sauce by heating the molasses or brown sugar with two-thirds of the fish sauce in a heavy saucepan, stirring frequently.

Transfer it to a bowl, let cool a bit, and combine with the garlic, shallot, sugar, and the remaining fish sauce and salt.

Add the minced pork, mix thoroughly, then cover and leave to stand for 3 hours.

Shape the minced pork into little patties, about 2.5cm in diameter, place over a preheated grill or pan and cook for 3-4 minutes on each side, until cooked through.

To serve, divide the noodles between 4 warmed bowls, add the pork, herbs and torn lettuce. Top with sauce.

Recipe courtesy of **SPICE VIET**
Authentic Vietnamese Cuisine



www.vietnam.travel





www.vietnam.travel

Cao Lầu

Hoi An

Ingredients:

1kg cao lầu noodles (or udon noodle as a substitute)

100g cao lầu chips (or prawn crackers as a substitute)

1kg pork loin

Fresh herbs: mint, Thai basil, coriander, perilla, watercress, butter lettuce, or fine salad leaves

100g bean sprouts

Marinade:

2 tbsp fresh turmeric

2 tbsp fresh garlic

2 tbsp five-spice powder

Salt and pepper to taste

5 tbsp soy sauce

3 tbsp honey

5 stalks of lemongrass, chopped

2 fresh chillies

Centuries ago, Hoi An was an important trading port where merchants from all over the region would meet to sell their goods. That's why you'll find echoes of Japanese, Chinese, and Vietnamese flavours combined in this delicious noodle dish.

Instructions:

To make the marinade: Using a mortar and pestle, crush the lemongrass, turmeric, garlic, chili. Then add salt and pepper and five-spice powder. Finally add in soy sauce and honey and stir well.

Cut the pork into big pieces and place in marinade for at least an hour, overnight if possible.

Heat oil in the pan, fry pork gently until the meat is brown.

Add the leftover marinade into the pan and add water until meat is covered.

Simmer at a low temperature until the water is reduced by half.

Cook for approximately 45 minutes to an hour until the meat is tender.

Remove pork from broth and continue to reduce the broth on low heat.

Prepare the noodles by cooking in boiling water as per the instructions on the packet and add the bean sprouts 1 minute before the noodles are cooked.

Drain the noodles and bean sprouts, then place in a bowl.

Slice the pork very thinly and place over the noodles, pour the reduced marinade water over top. Top with rice crackers, herbs, and salad leaves.

Serve with lime, chilli jam or chilli sauce.

Recipe courtesy of **SPICE VIET**
Authentic Vietnamese Cuisine



www.vietnam.travel





www.vietnam.travel

Bánh mì kẹp

📍 Ho Chi Minh City

Ingredients:

For the pork:

- 2 litres of boiling water
- 60g salt
- 60g sugar
- 3 peeled garlic cloves
- 2 medium fresh crushed chillies
- 1 tbsp of cracked black peppercorns
- 1kg of boneless pork (or pork loin if you want to cook quicker)

For bánh mì:

- 2 French or Vietnamese baguettes
- 6 tbsp of mayonnaise
- 300g of pork pate
- 1 large cucumber, halved and sliced lengthwise
- Fresh coriander leaves
- 4 tsp of soy sauce
- Pickled carrots

There's nothing more Vietnamese than stopping your motorbike for a few moments to grab a freshly made bánh mì from a sidewalk vendor. Each region in Vietnam has its own take on bánh mì. This tasty, roasted pork version from Ho Chi Minh City is packed with flavour.

Instructions:

Pour 500ml of boiling water into a large heat-proof container with a lid.

Remove the remaining water from the heat.

Add salt and sugar to the heat-proof container and stir until dissolved. Then add the garlic, chillies, peppercorns, and pork and cover with the remaining hot water so the pork is fully submerged.

Cover and refrigerate for 12 hours or overnight.

Remove the pork from the liquid, rinse, and pat dry with paper towels.

Place the pork fat side up in a roasting pan. Roast the pork at 200 degrees in the oven for one hour and 45 minutes.

Cool for at least half an hour and slice thinly.

Slice the baguette lengthwise and spread mayonnaise on both sides of the baguette.

Spread paté on the bottom section of the baguette, layer with sliced pork, cucumber, coriander, and pickled carrots.

Drizzle the filling of each baguette with soy sauce before closing.

Recipe courtesy of **SPICE VIET**
Authentic Vietnamese Cuisine



www.vietnam.travel

